

Launch Season

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	TRIBE LIFE	TRIBE FIT	TRIBE LIFE	TRIBE FIT		TASTERS TBD!!
COACH	CONNIE	KATIE	CONNIE	KATIE		
7:45 AM	TRIBE LIFE		TRIBE LIFE			
COACH	NANCY		NANCY			
8:45 AM	TRIBE CORE		TRIBE CORE			
COACH	AUBREY		AUBREY			
9:00 AM						
10:00 AM		TRIBE LIFE		TRIBE LIFE		
COACH		NANCY		NANCY		
11:00 AM		TRIBE FIT	TRIBE LIFE	TRIBE FIT	TRIBE LIFE	
COACH		MINDY	KELLIE	MINDY	KELLIE	
12:00 AM	TRIBE LIFE					
COACH	AUBREY		AUBREY			
1:00 PM						
2:00 PM						
4:30 PM		TRIBE LIFE		TRIBE LIFE		
4:45 PM	TRIBE CORE	ARA	TRIBE CORE	ARA		
COACH	KATIE		KATIE			
5:45 PM	TRIBE FIT		TRIBE FIT			
COACH	KATIE		KATIE			
6:45 PM	TRIBE LIFE		TRIBE LIFE			
COACH	KELLIE		KELLIE			
7:00 PM						
COACH						